

2 WAYS TO OPEN WATER BOTTLES WITHOUT TEARING THE BLUE TAB



Use the rounded end of the bottle openers provided.

Place the notch of the bottle opener right over where the blue tab is located on the bottle and pull up.



OR



Use the loop end of the paint can openers provided.

Place the notch of the bottle opener right over where the blue tab is located on the bottle and pull up.



The blue top will pop open without removing the blue tab. Do not remove blue tab or top. Press top down and put on ice to cool for the athletes.

HOW TO OPEN GATORADE BOTTLES



Use the rubberized gloves provided to remove the plastic wrapped orange top. The plastic can then go in the rubbish.



Use the hooked end of the paint openers provided to remove the foil liner. The entire liner will come off if you pry it up. You can do several bottles before removing liners from paint can opener.



Replace orange sport cap and put on ice to chill.

